

# Newsletter

Qualicum Beach Garden Club  
www.qualicumbeachgardenclub.wordpress.com



October 2015

Volume 19:10

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**Next Meeting:** Tuesday, October 13, 2015 at 7pm  
Qualicum Beach Civic Centre, 747 Jones St., Qualicum Beach

**Speaker: Art Drysdale**  
**Everything you need to know about Roses**

7:00 p.m. come early, socialize, and browse, raffle tickets, tea/coffee/treats



Art Drysdale is likely one of Canada's longest and best-known horticulturists. He is a graduate of the Niagara Parks Commission Botanical Garden and School of Horticulture. For the past four decades he has been writing, and doing both radio and television broadcasts with practical garden hints.

His gardening program on AM740, Toronto is broadcast live from Nanaimo, B.C. He also broadcasts radio gardening vignettes daily on the AM740 and S.W. Ontario's EASY 101. Art also hosts weekly TV gardening vignettes on Shaw TV's Vancouver Island program, 'The Daily'.

In 1979 Art served as assistant to the chief horticulturist at Les Florales international de Montreal, and has judged and/or spoken at the Toronto, Chicago and Philadelphia flower shows for many decades. He has also been a guest speaker at horticultural meetings in England, Holland, Switzerland, Australia, South Africa, and aboard cruise ships.

Art is the only Canadian to have been president of the 1,000+ member US-based Garden Writers' Assn. His book, 'Gardening off the Ground' remains popular as a basic information source for growing hardy container plants in cold climates.

In his spare time Art volunteers as Chairman of the Vancouver Island Flower & Garden Festival Society, which stages the annual Victoria International Flower & Garden Festival each July.

A longtime resident of Toronto, he now resides in Parksville, BC. He has renovated an older home and created a new garden here. His website is [www.artdrysdale.com](http://www.artdrysdale.com).

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## Upcoming Meetings

**November:** Andrew Pennells, "Pruning."

**December:** No Meeting – Happy Holidays!

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## QBGC – Board Positions for 2016

It's time to start planning for upcoming Garden Club Board positions for 2016. It's a great club for gardeners of all levels, and an asset to our area. Currently, all positions are open, but in particular, positions needing to be filled are:

**Treasurer** – write cheques, bookkeeping, attend board meetings.

**Vice President** – attend board meetings and work with President and step in as needed.

**Refreshments** – organize members to bring goodies, make coffee and tea for meetings. This position really needs two people, so it's great to do with a friend or neighbour.

**Membership** – sign up new and renewing members, keep membership list.

**Library** – organize books at the meetings, keep a record of the books and order new books.

**Speakers** – research and contact speakers for our meetings, liaise with speaker and tech support, work with treasurer to pay speaker.

**"New Member" Meet and Greeter** – greet new members and explain how club works. *This is a new position this year.*

All positions are encouraged to attend board meetings, but you don't need to unless you're on the Executive. The board meetings are on the first Tuesday of the month at 7 p.m – we take turns hosting them. The meeting time is usually under one hour followed by laughter and goodies.

Positions are for a two-year term – Executive are a one-year term. Most positions take less than an hour per month of your time - some, such as membership, take more time in the first couple of months.

Please consider helping your club by volunteering for a position. You can also volunteer with a friend, or other member for a position – eg. works great for refreshments or any position.

Let Sue Beatty know if you will be part of the team next year! [qbgcinfo@gmail.com](mailto:qbgcinfo@gmail.com) or at the meeting!

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## Welcome New Members:

There were 8 new members who joined the garden club in September. Please say hello and welcome to:

Deborah C	Terrilynn K	Laurie K	Sheila M
Patricia R	Joan T	Sherrin U	Pamela W

We also had two renewals: Jane C and Noregn C.

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## Notes from September's Meeting

For those of you not at the meeting, Margot Moser showed us slides of some lovely native plants – both for sun and shade and evergreen or deciduous. She left us with a two-page handout (attached as a PDF document, pg 1 and 2) and some web addresses to follow-up for more information.



This is *Brodiaea coronaria*, Harvest Brodiaea, deciduous plant, hot, sunny location and root type is from a bulb, and blooms early summer.

Below is a picture of a stalk of Papyrus, an aquatic plant which has about 20 large stems. Diana English brought this in for “Show What You Grow”.



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## Upcoming Events

### QBGC Member's Pop-Up Garden Tours

QBGC members have indicated they would like to have garden tours when their gardens are at their best. Sue B will send a news flash through ([qbgcnews@gmail.com](mailto:qbgcnews@gmail.com)) when she receives any requests. There are no specific dates, just a couple of day's notice.

**Eaglecrest Garden Club** is hosting a Wreath Making demonstration on Wednesday, October 21st at 7 p.m. at the Qualicum Beach Civic Centre. All are welcome. Non-members \$2. Five club members will share the secrets of creating fall wreath ideas using Hydrangea flowers, autumn leaves, succulents, vines and evergreens. Contact Marilyn: 752-2405.

### HAT – Habitat Acquisition Trust of Victoria

HAT will be offering some workshops if anyone is interested. There are plans for planning restoration and native planting events in October and November. HAT's website is: [www.hat.bc.caacuot](http://www.hat.bc.caacuot).

### Alpine Gardeners of Central Vancouver Island

The AGCVI will present Dr. Hans Roemer to speak on 'Alpines of the Rocky Mountains' on Monday, October 26, 2015 from 1-3 p.m. @ The QB Civic Centre, 747 Jones St. \$5 at the door includes entry in a prize draw and coffee/tea.

### Arrowsmith Naturalists and NIWRA

The Arrowsmith Naturalists and NIWRA are sponsoring the 'Mid-Island Mushroom Show' October 18, 2015 from 11am to 4pm. It will be held at the North Island Wildlife Recovery Centre (NIWRA) Learning Centre in Errington, BC. Entrance by donation. [www.harbourliving.ca /event/mid-island-mushroom-show/2015-10-18](http://www.harbourliving.ca/event/mid-island-mushroom-show/2015-10-18).

### Campbell River Garden Club

The Campbell River Garden Club is organizing a bus tour to the Northwest Flower & Garden Show in Seattle, Washington February 16-18, 2016. You can book and get more information through Island Fever Travel & Cruise in Campbell River at 250-287-3221 or 1-800-874-7937 or e-mail [info@islandfever.travel](mailto:info@islandfever.travel). You do not have to be a member of a garden club to come along.

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*Learn to be an observer in all seasons. Every single day,  
your garden has something new and wonderful to show you*

– Author Unknown

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## Acknowledgements:

Thank you to **Lois W**, **Sally H**, **Louise K**, and **Maria V** for providing the treats for our October meeting.

We are grateful for **Margaret C's** help at September's meeting and **Lois W's** assistance at the refreshment table in October.



Thank you to all the much needed and big-hearted volunteers, before, during and after the **All About the Garden Sale**. – The plant sale on September 12 at the Qualicum Museum was a great success. We made enough sales to donate \$75 to the Qualicum Beach Museum as a thank you for the use of their parking lot and \$500 to 'Shoots with Roots' at Milner Gardens through our Education Fund. (Snapshots included on the next page.)

A very big thank you to everyone who donated plants for the sale. There was a good variety; they were well labeled, and sold well.

The Board especially wants to thank Jackie F for putting this together. She put in many hours to make this sale a huge success. She was there from beginning to end on Friday and Saturday. Everything went so smoothly thanks to her organizing skills. It was a lot of work, but Jackie made it fun!

Thank you again to the following volunteers:

Posters: Alisa S

Transporters: Diana E, Allison F, Diane S, Louise C and Kathy C.

Storage Place for the donations: A very special thank you to Diane S for providing her yard for plant drop-offs, for hosting the Friday plant prep volunteers, providing tables for the sale, transporting a trailer full of plants to the sale and for taking care of the unsold plants until the next QBGC general meeting.

Friday Plant Prep: Sue B, Kathy C, Jackie F, Gail G, Teri H, Erica M, Anne P, Lori P, Laurie R, and Jane T.

Saturday Sale: Sue B, Frances C, Kathy C, Anne C, Louise C, Leanne D, Jackie F, Shirley F, Jill G, Donna K, Teresa K, Evelin K, Erica M, Diane S, Alisa S, and Kathleen T.

Thanks again Jackie!



*Friday prep at Diane's: Diane S, Sue B, Anne P and Lori P*



*Diane S, Jackie F, Kathy C, Jane T, Teri H, and Laurie R.*



*Saturday at the Museum: Sue B and Jill G*



*Teresa K, Kathleen T, Evelin K, Jackie and Leanne D*



*Donna K, Erica M, Alisa S and Louise C*



*Shirley F, Sue B, Diane S, Frances C, Jackie F, and Kathy C*

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## Classifieds:

**Suitcases on Wheels for QBGC Library** — The QBGC Library is currently testing out options for carrying the library books back and forth to their meetings. It was suggested that perhaps some suitcases on wheels would do the job. If you have an older carry-on size suitcase that you might like to donate it would be very much appreciated. Please contact Carol Bal at [tedbal@telusplanet.net](mailto:tedbal@telusplanet.net).

**Free: Mature, Shaped, Junipers** — I am re-doing my ocean facing garden and in the process will have about 10 mature, shaped junipers to give away. The tops have been pruned into approximate ball shapes so the roots can be pruned for moving. These will be available for transplanting from October 14-18. Please call 752-6809 or e-mail ([judy.wood@shaw.ca](mailto:judy.wood@shaw.ca)) during those dates if you want more information.

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## Looking for Vegetable Gardeners...

Linda Gilkeson is looking for local fruit and vegetable gardeners to let her know which varieties did best throughout our hot, dry summer. For instance, if you grew a variety of cauliflower that actually did well this summer Linda would like the varietal name and growing information. Linda is planning to publish a magazine-sized article on which plants to grow for best production given our changing climate.

You can contact Linda by e-mail at [info@lindagilkeson.ca](mailto:info@lindagilkeson.ca)

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## Sue Jones's Web sites

Go to [www.bcfarmsandfood.com](http://www.bcfarmsandfood.com) and see article by owner of "Fruit Trees and More". He does a lot of research on what fruit trees will work for Vancouver Island.

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*"I envision a day when every city and town has front and back yards, community gardens and growing spaces, nurtured into life by neighbours who are no longer strangers, but friends who delight in the edible rewards offered from a garden they discovered together.*

*Imagine small strips of land between apartment buildings that have been turned into vegetable gardens, and urban orchards planted at schools and churches to grow food for our communities. The seeds of the urban farming movement already are growing within our reality."*

Greg Peterson, – *Grow Wherever You Go Discovering the Place Where Your Garden Lives*, 2009, [www.urbanfarm.org](http://www.urbanfarm.org)

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## The Founding of SEEDY SATURDAY and Planning for 2016 – by Lori Pross

For those of you who are new to the area, **Seedy Saturday** – Qualicum Beach was started in 2002 by locals Joy and Keith Smith, along with Kim Hammond, Sally Shivers and Linda Rehlinger. The original idea behind this was to educate and help local gardeners on how to save seeds. These founders are still very active in our communities.

Starting with only the main hall and one meeting room in 2002, this event now utilizes the whole Civic Centre, inside and out. Attendance from the many vendors/talks/demonstrations and, of course, the SEED ROOM went from 900 the first year to over 2,500 in 2015. Proceeds from the event go to local charitable organizations.

*Seedy Saturday will be held on February 6, 2016 and the themes are: “Identifying the Source of Problems in our Gardens” and “Conserving Water.” More information will be forthcoming on speakers and times on our website: [qualicumbeachseedysaturday@gmail.com](mailto:qualicumbeachseedysaturday@gmail.com).*

Needless to say, planning and organizing for such a large event has to start early. I am sure many of you are thinking that February 6, 2016 is a long way off, but it is amazing how the weeks and months melt away with our busy schedules! In order for Seedy Saturday to continue the great successes of previous years, the assistance of many enthusiastic helpers is a must. I will be circulating sign-up sheets at the October meeting. Please join us – the work shifts are only 1-1/2 hours or 2 hours long, morning or afternoon.

*If you cannot attend the October meeting, please contact Lori Pross @ 250-752-0196 or [nickorlori@shaw.ca](mailto:nickorlori@shaw.ca) to volunteer.*

In January, I will confirm with a follow-up call for those participating and your assigned area.



### **A note from Kathy Claxton, Master Gardener and organizer of the Seed Exchange Room**

**Seedy Saturday Participants!!** While doing your fall clean up don't forget to save seeds from your flowers and vegetables for the Seedy Saturday seed swap. Trade your saved seeds for a coupon and use that coupon to trade for other saved seeds. The More you Reap, the More you Sow! It's an amazing day with a large variety of seeds to choose from our local home growers.

Any questions please see Kathy Claxton at the monthly QBGC meetings.

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*In every gardener there is a child who believes in The Seed Fairy. – Robert Brault*

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## Membership Functions and Contacts:

**Plant Sales:** (Gail G, Darlene R) **Loonie \* Toonie \***

**Fiver Sale:**

- If you have some plants to spare, please bring them to the meeting.
- When digging up plants please place them in appropriate, manageable containers and label them. Garden-related items are also accepted.
- Price what you think is fair – loonie, toonie, or fiver – and place it beside the ‘Plant Sales Table’ prior to the meeting.
- Get a free ‘Lucky Raffle Ticket’ for your contribution to the sale.
- Any unsold items must be taken home with you.

**Refreshments:** (Bridget R, Allison F) **Don’t forget to “Lug your Mug”**

Treats are graciously provided by volunteer members. Do you have a favourite recipe you’d like to tempt our members with at an upcoming meeting? Let Bridget or Allison know if you can serve or bake for future meetings. Please leave a message when you volunteer so a reminder call can be made shortly before the meeting date.

**Master Gardener’s Table:** (Kim H)

**Speakers/Programs:** (Evelin K, Lyn P)

Evelin and Lyn have put together a great lineup of speakers for this year.

Do you know someone who is located on the Island? Who would love to share their expertise and knowledge on gardening topics? And be of interest to our gardening group? Please notify Evelin or Lyn so they can make enquiries and possibly add to next year’s program.

**Sunshine Lady:** (Teresa K)

Please contact Teresa if you know of a Club member who is ill or is in need of sympathy or encouragement.

**Show What You Grow:** (Linda F)

Share something you grow with the club and get a free ‘Lucky Raffle Ticket’ for your effort.  
“Bring your item to Linda before the meeting starts.”

**Membership:** (Sheila B)

- Guests are welcome to attend one meeting for free, but are expected to join when attending a second meeting – it’s a matter of insurance and of contributing toward hiring space, speakers, etc.
- Memberships are as low as \$12.00/year, including newsletter by e-mail and \$18/year with hard-copy mailing.
- Fill out a membership form and make your cheque payable to “Qualicum Beach Garden Club” or, you can pay with exact cash at the meeting.
- Please notify Sheila of any changes to your contact information (address, phone, e-mail).

**Library:** (Carol B – Co-ordinator; Assistants: Elaine C, Barry T, Birgitta M )

One of the great benefits of being a Club member is browsing all the varied books available at the lending library table when you come to the meetings. Please feel free to recommend any books that you consider a valuable addition to the Club library. At this time, the library is not accepting any donated books due to storage issues, but please feel free to consider them for the Plant Sales Table.

**Newsflashes:** (Sue B)

Sue will manage Newsflashes on an ‘as needed basis’ only. Please submit your items to the newsletter before the cut-off date. Sue can be reached at [qbgc@gmail.com](mailto:qbgc@gmail.com).

**Newsletter:** (Betty J)

Our newsletter can be fun and informative – please consider sharing any gardening tips, special techniques, funny stories, anecdotes, etc. to enlighten the members or bring a smile? Just e-mail or call – it doesn’t have to be formal, or long.

Please submit your Classified ads and Newsletter content no later than the 25th of each month.

If you have made any changes to your personal information and/or you didn’t receive your newsletter, notify Sheila B.

## Flower of the Month – October – Calendula (or Marigold)

**Botanical Name:** There are two genera of marigold: *Tagetes* and *Calendula*. African marigold and French marigolds are part of the genus *Tagetes* and the very popular pot marigolds are part of the genus *Calendula*.

The *Calendula* (or Marigold) is often called the 'Sun Flower', because of its feature to turn after the Sun. Ancient Romans thought that the flower informed them about the beginning of day and night and symbolized thereby a calendar 'calendae', which is the first day of the month, according to the Roman calendar. However, other ancient writers such as Pliny and Virgil used the term 'Caltha' to describe *Calendula*.

This flower symbolized stability in love, therefore it was often used in their bouquets and wreaths.

First Christians called this flower Marigold and it was considered a sacred flower. In ancient India it was used to decorate the idols of a whole pantheon of Hindu gods. Chinese wisdom says *Calendula* is a 10,000 year old flower and symbolizes long life. In Spain and Portugal the name means 'a miracle' or 'admiration'. Different nations have given it different names according to its form and colour. In Germany, *Calendula* is called a 'circle rose' and the Danes call it 'morgenfrue', or 'morning lady'.

Medieval doctors thought the aroma of the flower removed 'harmful influence' out of the head, and the oil made from its petals helped to cure headache, eliminate tinnitus and remove the inflamed eye. Famous medieval healer Hildegard von Bingen (in 1485) used *Calendula* to cure scab and other skin diseases. In the 'ladies companion' book, written in the 16th century, it was recommended that women eat a little bit of jam made of *Calendula* petals as a remedy for a good mood.



Nowadays, the flower is used by many gardeners as an insect repellent and by cooks as a spicy seasoning or food coloring. Also used for herbal medicinal remedies such as headaches, toothaches, stomachaches, fever reducers and menstrual cramps. As an ointment it can reduce swelling from insect bites, sprains, jaundice, sore eyes, wounds, other skin irritations and lip balms for chapped lips.

### Did You Know?

- In the late 1960's, Burpee president, David Burpee launched an energetic campaign to have marigolds named the national flower, but in the end, roses won out.
- For years, farmers have included the open-pollinated African marigold "Crackerjack" in chicken feed to make egg yolks a darker yellow.
- Farmers and gardeners have long known that marigolds make important companion plants all over the garden. Not only does the scent of the marigold (*Tagetes* spp.) repel animals and insects, but the underground workings of the marigold will repel nematodes (microscopic worms) and other pests for up to 3 years.
- Do not fertilize marigolds. They bloom better and more profusely in poor soil.

From: ([www.flowersbymonth.com](http://www.flowersbymonth.com)); (<http://kathyireland.com>); ([www.almanac.com](http://www.almanac.com)); ([www.1stinfowers.com](http://www.1stinfowers.com))

## Garden To-Do-List: October/November

- You can still sow cooler weather seeds directly into an outdoor garden, broad (fava) beans, garlic, onions (scallions), radishes and spinach.

### Put Your Garden to Bed

- Once you have finished harvesting your garden, it's time for a bit of fall cleaning. Remove all plant debris and add it to your compost as long as it is free from disease. Do the same in the greenhouse and also take the time to clean and disinfect the panes. Remove any debris (such as boards or old pots) where slugs and other pests could overwinter.
- Once your garden is tidied up and free of slug hideouts, give it a good cover. Grow a cover crop or cover the bare soil with leaves, seaweed, grass clippings, hay or another kind of mulch. When it's time to plant in the spring, just pull away the mulch and tuck your seedlings inside.

### Companion Planting

- As you plan next year's garden, consider putting particular plants close to one another. The chemicals in certain plants help fight diseases and repel insects in others. Here are some combinations to try.
- Garlic and chives near peas and lettuce.
- Nasturtiums near broccoli.
- Rosemary, thyme, sage, catmint near cabbages, cauliflowers, broccoli and Brussels sprouts.
- Pots of mints placed throughout the garden to repel cabbage pests and aphids. (Note: Keep the mints in pots so they don't take over the garden.)

### Plant to Know – Kale

- Kale is one of the hardiest greens for the west coast garden. It grows well and is resistant to cold. It is very nutritious, also. Kale can be steamed, used in stir fries, eaten raw, dried and made into 'chips,' and even added in small amounts to smoothies, for an easy nutrient boost. It can also be chopped and added to soup in the last 5 minutes of cooking.

*From [www.clayoquotbiosphere.org](http://www.clayoquotbiosphere.org) – West Coast Gardening Guide*

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*Gardening is cheaper than therapy and you get tomatoes.*

*– Author Unknown*

## 2015 Native Plants Presentation

Botanical Name	Common Name	***	Type of Root
<i>Achlys triphylla</i>	Vanilla Leaf	D	Slender rhizome
<i>Adiantum aleuticum</i>	Maidenhair Fern	D	Stout scaly rhizome
<i>Adiantum pedatum</i> spp. <i>subpumilum</i>	Dwarf Maidenhair Fern		Scaly rhizome
<i>Allium acuminatum</i>	Hooker's Onion	D	Bulb
<i>Allium cernuum</i>	Nodding Onion	D	Bulb
<i>Anemone multifida</i>	Cut-leaved Anemone	D	Woody stem base
<i>Antennaria multifida</i>	Rosy Pussytoes	E	Leafy stolons
<i>Aquilegia formosa</i>	Western Columbine	D	Taproot
<i>Armeria maritima</i> ssp.	Sea Thrift	E	Taproot
<i>Asarum caudatum</i>	Wild Ginger	E	Rhizomes
<i>Aspidotis densa</i>	Indian's Dream (fern)	E	Short rhizome
<i>Asplenium trichomanes</i>	Maidenhair Spleenwort	E	Fibrous root
<i>Blechnum spicant</i>	Deer Fern	E	Short, thick rhizome
<i>Boykinia occidentalis</i>	Coastal Brookfoam	D	Rhizome
<i>Brodiaea coronaria</i>	Harvest Brodiaea	D	Bulb
<i>Camassia leichtlinii</i>	Great Camas	D	Bulb
<i>Camassia quamash</i>	Common Camas	D	Bulb
<i>Campanula rotundifolia</i>	Bluebells-of-Scotland	E	Taproot and rhizome
<i>Clinopodium douglasii</i>	Yerba Buena	E	Rhizome, stems
<i>Cornus canadensis</i>	Bunchberry	E	Rhizome
<i>Cryptogramma acrostichoides</i>	Parsley Fern	E	Compact rhizome
<i>Dicentra formosa</i>	Bleeding Heart	D	Brittle rhizome
<i>Dodecatheon hendersonii</i>	Henderson's Shooting Star	D	Fibrous roots & bulblets
<i>Dryopteris expansa</i>	Spiny Wood Fern		Rhizome
<i>Dryas octopetala</i>	Mountain Avens	E	Trailing stems
<i>Eriophyllum lanatum</i>	Woolly Sunflower	D	Fibrous root
<i>Erythronium oregonum</i>	White Fawn Lily	D	Bulb
<i>Erythronium revolutum</i>	Pink Fawn Lily	D	Bulb
<i>Fragaria chiloensis</i>	Beach Strawberry	E	Runners
<i>Fragaria vesca</i>	Wood Strawberry	E	Runners
<i>Fragaria virginiana</i>	Wild Strawberry	E	Runners
<i>Fritillaria affinis</i>	Chocolate Lily	D	Bulb
<i>Fritillaria camchatcensis</i>	Northern Rice Root	D	Bulb
<i>Goodyera oblongifolia</i>	Rattlesnake Plantain	E	Short rhizome
<i>Gymnocarpium dryopteris</i>	Oak Fern	D	Rhizome
<i>Heuchera micrantha</i>	Small-flowered Alumroot	E	Rhizome
<i>Lewisia columbiana</i> var. <i>columbiana</i>	Columbia Lewisia	E	Fleshy root
<i>Lewisia columbiana</i> var. <i>rupicola</i>	Columbia Lewisia	E	Fleshy root
<i>Linnaea borealis</i>	Twinflower	E	Creeping stems
<i>Lomatium utriculatum</i>	Spring Gold	D	Taproot
<i>Luetkea pectinata</i>	Partridgefoot	D	Rhizome
<i>Maianthemum dilatatum</i>	False Lily-of-the-Valley	E	Slender rhizome

<i>Mitella ovalis</i>	Oval-leaved Mitrewort	E	Slender rhizome
<i>Opuntia fragilis</i>	Fragile Fern	D	
<i>Oxalis oregana</i>	Oxalis	E	Scaly rhizome
<i>Penstemon davidsonii</i>	Davidson's Penstemon	D	
<i>Penstemon serrulatus</i>	Coast Penstemon	E	
<i>Phlox diffusa</i>	Spreading Phlox	E	Taproot
<i>Polypodium glycerrhiza</i>	Licorice Fern	E	
<i>Polystichum munitum</i>	Sword Fern	E	
<i>Polystichum munitum</i> spp. <i>imbricans</i>	Narrow Sword Fern	E	
<i>Saxifraga integrifolia</i>			
<i>Sedum divergens</i>	Old Man's Bones		
<i>Sedum lanceolatum</i>	Lance-leaf Stonecrop	E	Slender rhizome
<i>Sedum oreganum</i>	Oregon Stonecrop	E	Stout rhizome
<i>Sedum spathulifolium</i>	Broad-leaved Stonecrop	E	Stout rhizome
<i>Silene acaulis</i>	Moss Champion	E	
<i>Sisyrinchium californicum</i>	Golden-eyed Grass	D	
<i>Sisyrinchium idahoense</i> var. <i>macounii</i>	Blue-eyed Grass	D	
<i>Tellima grandiflora</i>	Fringecups		
<i>Tiarella trifoliata</i>	Foamflower		
<i>Tolmiea menziesii</i>	Piggy-back Plant		
<i>Trientalis latifolia</i>	Starflower	D	Tuber
<i>Trillium ovatum</i>		D	
<i>Triteleia hyacinthina</i>	White Triteleia	D	
<i>Vaccinium vitis-idaea</i>	Mountain Cranberry	E	Rooting stems
<i>Vancouveria hexandra</i>	Inside-out Flower	E	Rhizomes
<i>Viola glabella</i> & <i>adunca</i>	Vanilla Leaf	D	Scaly, fleshy rhizomes

Orange – Sunny side Blue – Shady side

\*\*\* D-Deciduous; E-Evergreen

For more info and photos

E-Flora BC

<http://ibis.geog.ubc.ca/biodiversity/eflora/>

OR Google any native plant name followed by "e-flora bc"

Hansen's Northwest Native Plant Data Base

<http://www.nwplants.com/>

Burke Museum of Natural History and Culture

<http://biology.burke.washington.edu/herbarium/imagecollection.php>

Pacific Rim Native Plant Nursery

[www.hillkeep.ca](http://www.hillkeep.ca)

<http://www.hillkeep.ca/ferns.htm>

Turner Photographics

<http://www.pnwflowers.com/>